

# Position Description

## Casual Grade 2 Weekend Physiotherapist

<b>Classification:</b>	Grade 2 Year 1 to 5 (VB1 to VB4)
<b>Business unit/department:</b>	Physiotherapy
<b>Work location:</b>	Austin Hospital <input checked="" type="checkbox"/> Heidelberg Repatriation Hospital <input checked="" type="checkbox"/> Royal Talbot Rehabilitation Centre <input checked="" type="checkbox"/> Other <input type="checkbox"/> (please specify)
<b>Agreement:</b>	Allied Health Professionals (Victorian Public Health Sector) Single Interest Enterprise Agreement 2021-2026
	Choose an item.
	Choose an item.
<b>Employment type:</b>	Casual
<b>Hours per week:</b>	As required: 4-8 hour shift Saturday & or Sunday
<b>Reports to:</b>	Manager of Physiotherapy
<b>Direct reports:</b>	G1, AHA
<b>Financial management:</b>	Budget:
<b>Date:</b>	23/09/2025

Austin Health acknowledges the Traditional Custodians of the land on which Austin Health operates, the Wurundjeri Woi Wurrung People of the Kulin Nation. We pay our respects to Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples.

### Position purpose

- To safely and effectively manage an individual physiotherapy clinical caseload
- To provide consultation and work collaboratively with all health professionals including senior physiotherapy colleagues in the management of inpatients

### About the Directorate/Division/Department

Austin Health is one of Victoria's largest health care providers. Comprising the Austin Hospital, Heidelberg Repatriation Hospital, Royal Talbot Rehabilitation, Hospital in the Home and community-based health services; Austin Health is an internationally recognized leader in clinical teaching, training and research, with numerous university and research institute affiliations.

Austin Health employs near 9,000 staff across its sites; including over 1,600 doctors and 3,000

nurses and delivers a full range of leading-edge clinical services, including several state-wide services (liver transplant, spinal cord injury service, respiratory support service, child inpatient mental health service). In total, Austin Health provides over 900 beds, including mental health, aged-care and rehabilitation beds and a range of community and in the home services. The current annual operating budget is in excess of \$960 million.

Austin Health delivers vital state-wide services to all Victorians, including to diverse multicultural and veteran communities. It also provides community and specialty services to the people of Melbourne's north-eastern corridor in a safety-focused, team-oriented and stimulating work environment.

Austin Health's current vision is to change healthcare for the better through world class research, education and exceptional patient care.

Our values define who we are, shape our culture and the behaviours, practices and mindset of our people. Our values are: Our actions show we care, we bring our best, together we achieve and we shape the future. [www.austin.org.au/about-us](http://www.austin.org.au/about-us)

Austin Health is committed to providing an inclusive culture where all employees can contribute to the best of their ability and strive to develop further. Find more at <http://www.austin.org.au>

## Position responsibilities

### Orthopaedics

- Appropriately assess and treat patients admitted under the Orthopaedic and / or Plastics Unit on wards 8N, The Surgery Centre (TSC) or outlying acute wards.
- Provide high standard patient care for a variety of inpatient orthopaedic conditions with a mixed elective and emergency case load.
- To provide consultation and work collaboratively with all health professionals including orthopaedic physiotherapy colleagues, orthopaedic surgeons, nursing staff and other allied health staff in the management of orthopaedic inpatients.
- To develop and maintain clinical expertise in orthopaedic physiotherapy.
- Appropriately document patient management including updating Cerner handovers.
- Receive and action patient referrals through the Cerner system.
- Ensure appropriate and timely follow-up physiotherapy services are completed prior to patient discharge. Liaise with and refer to Austin Health Outpatients, Joint Replacement Group therapies and external community health services as required.
- Willingness to work regular rostered weekends.

### Acute and Deteriorating – Intensive care unit & outreach service (12:00-1800 Sat or Sunday)

- Deliver evidence-based physiotherapy interventions for critically ill patients, including respiratory care (airway clearance techniques) and early mobilisation
- Safely and effectively manage and prioritise the physiotherapy clinical caseload in the hospital
- Monitor and respond to acute physiotherapy amenable respiratory deterioration, including outreach to all wards over the weekend



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- Provide consultation and work collaboratively with the medical teams, and allied health professionals in the management of complex patient presentations, including patients with spinal cord injuries and neuromuscular conditions
- Document all assessments, treatments and outcome measures appropriately

### **Discharge Senior – Sunday Shift.**

- The primary responsibility for the Discharge Senior shift is to support hospital patient flow and reduce wasted time in hospital and increase time for patients at home.
- Assess General Medicine patients who have been identified for discharge within the next 24 hours who have identifiable physiotherapy amenable barriers to discharge.
- To facilitate discharge from the hospital of patients referred to the **Weekend Physiotherapy Service** for the purpose of same day discharge.
- Early identification of appropriate Gen Med patients admitted over the weekend who are anticipated to have a short length of stay; to ensure early implementation of assessment and physiotherapy management and progression to facilitate safe and timely discharge.
- Appropriately document patient management including updating Cerner handovers.
- Ensure appropriate and timely follow-up physiotherapy services are completed prior to patient discharge.
- Willingness to work regular rostered weekends.

### **Stroke/Neurology - 4 hour Saturday or Sunday**

- Provide timely, evidence-based physiotherapy assessments and interventions for patients with a new or confirmed stroke.
- Complete appropriate physiotherapy assessments, deliver appropriate treatments, and formulate discharge plans for patients admitted to the stroke, neurology, neurosurgery, and epilepsy units who are identified for discharge.
- Accurately document assessments, treatment plans, patient progress, and handovers in accordance with Austin Health documentation protocols.
- Collaborate effectively with the multidisciplinary team to ensure a coordinated approach to patient care.
- Ensure follow-up physiotherapy services are completed appropriately and on time prior to patient discharge.
- Demonstrate flexibility and commitment to regular rostered weekend shifts

### **Subacute - Heidelberg Repatriation Hospital 3 hour Saturday; RTRC 4 hour Saturday or Sunday**

- Provide physiotherapy intervention to inpatient rehabilitation patients identified by the weekday service
- Provide physiotherapy assessment and treatment for patients admitted to the subacute wards over the weekend as required (excluding patients who are hoist or Sara Stedy transfers)
- Review patients post falls on weekend if amenable to physiotherapy falls prevention strategies
- Complete assessments and treatments provided on Cerner
- Sign off Cerner physiotherapy reviews and create a review for the next business day

## **Selection criteria**



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## Essential skills and experience:

### Orthopaedics:

- Significant physiotherapy experience in the acute orthopaedic ward setting.
- Clinical expertise in management of acute orthopaedic inpatients, including risk management, assessment, treatment and discharge planning.
- Excellent communication skills.
- Proven capacity to successfully work as part of a multidisciplinary team.
- Commitment to ongoing education/postgraduate education.
- Demonstrated initiative, problem solving skills and flexibility.
- Demonstrated ability to work autonomously.
- Physiotherapist currently registered for practice in Australia (AHPRA).

### Acute and Deteriorating – Intensive care unit & outreach

- Significant clinical experience in the physiotherapy management of ICU patients
- Experience with spinal, neuromuscular, respiratory and high-risk surgical patient populations
- Excellent communication skills.
- Proven capacity to successfully work as part of a multidisciplinary team.
- Proven capacity to successfully work to enhance the physiotherapy team culture and environment.
- Commitment to ongoing education/postgraduate education.
- Demonstrated initiative, problem solving skills and flexibility.
- Physiotherapist currently registered for practice in Australia (AHPRA)

### Discharge Senior - General Medicine:

- Significant physiotherapy experience in the acute general medicine wards.
- Excellent interprofessional communication to navigate clinical and patient priorities.
- High advocacy for patient centred care and shared decision making to support patients' goals and dignity of risk.
- Proven capacity to successfully work as part of a multidisciplinary team.
- Demonstrated initiative, problem solving skills and flexibility.
- Demonstrated ability to work autonomously.
- Physiotherapist currently registered for practice in Australia (AHPRA).

### Stroke/Neurology

- Physiotherapy experience in managing stroke and neurological patient populations within an acute hospital environment.
- Effectively prioritise and manage a dynamic weekend caseload in an acute care setting.
- Successfully work as part of a multidisciplinary team.
- Proven ability to take initiative, adapt to changing demands, and solve complex problems in an acute hospital setting.
- Demonstrated ability to work autonomously.
- Physiotherapist currently registered for practice in Australia (AHPRA).

## Desirable but not essential:



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- A sound understanding of information technology including Cerner and applications relevant to the Management of rostering (kronos) and risk management (Riskman) reporting or as required for the role and/or department.
- Experience and proficiency in keyboarding and computer skills.
- Experience in the supervision of Grade 1 physiotherapists and Allied Health assistants.
- Experience working in a tertiary hospital, with high acuity patient cohort.

## Professional qualifications and registration requirements

- Physiotherapist currently registered for practice in Australia (AHPRA)
- Working with Children Check
- Proven capacity to successfully work as part of a multidisciplinary team
- Proven capacity to successfully work to enhance the physiotherapy team culture and environment
- Commitment to ongoing education/postgraduate education.

## Quality, safety and risk – all roles

All Austin Health employees are required to:

- Maintain a safe working environment for yourself, colleagues and members of the public by following organisational safety, quality and risk policies and guidelines.
- Escalate concerns regarding safety, quality and risk to the appropriate staff member, if unable to rectify yourself.
- Promote and participate in the evaluation and continuous improvement processes.
- Comply with the principles of person-centered care.
- Comply with requirements of National Safety and Quality Health Service Standards and other relevant regulatory requirements.

## Other conditions – all roles

All Austin Health employees are required to:

- Adhere to Austin Health's core values: *our actions show we care, we bring our best, together we achieve, and we shape the future.*
- Comply with the Austin Health's Code of Conduct policy, as well as all other policies and procedures (as amended from time to time).
- Comply with all Austin Health mandatory training and continuing professional development requirements.
- Provide proof of immunity to nominated vaccine preventable diseases in accordance with Austin Health's immunisation screening policy.
- Work across multiple sites as per work requirements and/or directed by management.



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## General information

### Cultural safety

Austin Health is committed to cultural safety and health equity for Aboriginal and/or Torres Strait Islander People. We recognise cultural safety as the positive recognition and celebration of cultures. It is more than just the absence of racism or discrimination, and more than cultural awareness and cultural sensitivity. It empowers people and enables them to contribute and feel safe to be themselves.

### Equal Opportunity Employer

We celebrate, value, and include people of all backgrounds, genders, identities, cultures, bodies, and abilities. We welcome and support applications from talented people identifying as Aboriginal and/or Torres Strait Islander, people with disability, neurodiverse people, LGBTQIA+ and people of all ages and cultures.

### Austin Health is a child safe environment

We are committed to the safety and wellbeing of children and young people. We want children to be safe, happy and empowered. Austin Health has zero tolerance for any form of child abuse and commits to protect children. We take allegations of abuse and neglect seriously and will make every effort to mitigate and respond to risk in line with hospital policy and procedures.



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